



Date/Time: Monday 5 October 2020 (approx. 13.15-16.30)

Tea/coffee: We will be online, so please bring your own!

Joining details – these will be provided to you by email if you are selected to attend the workshop. A maximum number of 30 people will be able to attend.

Session: Work less to achieve more

- Introduction: What I learned from the world's most productive researchers
- Exercise 1 (paired): identity and values pie chart
- Exercise 2 (paired): time pie chart

Session: Taking achievable action towards SMART goals

- Exercise 3 (new pair): Building on the things you identified to align the time you spend with your identity and values in Exercise 2, come up with more actions, including things you want to spend **doing and being**, in the **short and longer term**
- Exercise 4 (individual and paired): make a Theory of Change to identify how you will put what you've learned into practice

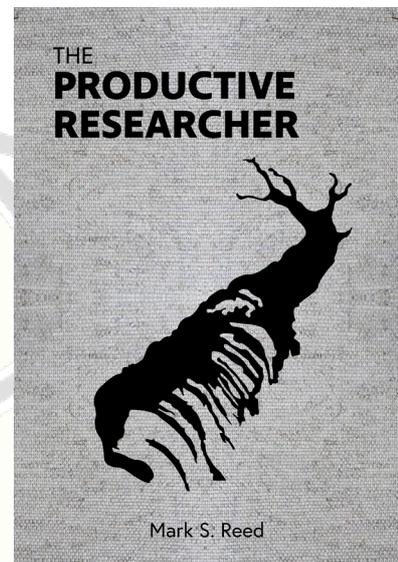
Session: Next steps

- Exercise 5: where do you want to be 1 and 3 months from now?
- Support
- Conclusion



About this training

The course is based on Prof Reed's book, *The Productive Researcher*, in which he draws on interviews with some of the world's highest performing researchers, the literature and his own experience to identify a small number of important insights that can transform how researchers work. The course is based on an unparalleled breadth of interdisciplinary evidence that speaks directly to researchers of all disciplines and career stages. This course will make you more productive, more satisfied with what you produce, and enable you to be happy working less, and being more.



Find out more: www.fasttrackimpact.com/the-productive-researcher

Trainer

Mark Reed is Professor of Socio-Technical Innovation at Newcastle University and Visiting Professor at Birmingham City University and the University of Leeds. He has over 150 publications that have been cited more than 15,000 times, and has won awards for the non-academic impact of his research. He is author of *The Research Impact Handbook*, which he has used to train over 8000 researchers from more than 200 institutions in 55 countries. He provides training and advice to Universities, research funders, NGOs and policy-makers internationally.

